

Actions and Angles for Rotations [mln94]

Hamiltonian: $H(q, p) = \frac{p^2}{2m} + V(q) = E = \text{const.}$ with $V(q + Q_0) = V(q)$.

Canonical momentum: $p(q, E) = \sqrt{2m[E - V(q)]}$.

Action J and Hamiltonian $K(J)$ from area A under trajectory:

$$A = \int_0^{Q_0} dq p(q, E) = \int_0^{Q_0} dq \sqrt{2m[E - V(q)]} = \int_0^{2\pi} d\theta J = 2\pi J.$$

$$\Rightarrow J(E) = \frac{1}{2\pi} \int_0^{Q_0} dq \sqrt{2m[E - V(q)]} \Rightarrow E = K(J) = H(p, q).$$

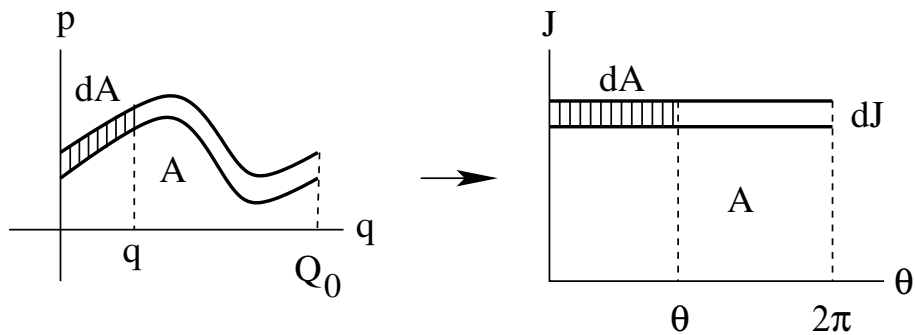
Angle variable $\theta(q, J)$ from area dA between nearby trajectories:

$$dA = \int_0^q dq [p(q, J + dJ) - p(q, J)] = dJ \int_0^q dq \frac{\partial}{\partial J} p(q, J) = dJ \theta(q, J).$$

$$\Rightarrow \theta(q, J) = \frac{\partial}{\partial J} \int_0^q dq p(q, J) = \frac{\partial}{\partial J} \int_0^q dq \sqrt{2m[K(J) - V(q)]}.$$

Time evolution: $J = \text{const.}$, $\theta(t) = \omega(J)t + \theta_0$, $\omega(J) = \frac{dK}{dJ}$.

$$\Rightarrow q(\theta, J) = q(t) \Rightarrow p(q, J) = p(t).$$



In the case of rotations there is no natural boundary for J . Here J is only determined up to a constant.