Limit Cycles in 3D Phase Flow [msl17]
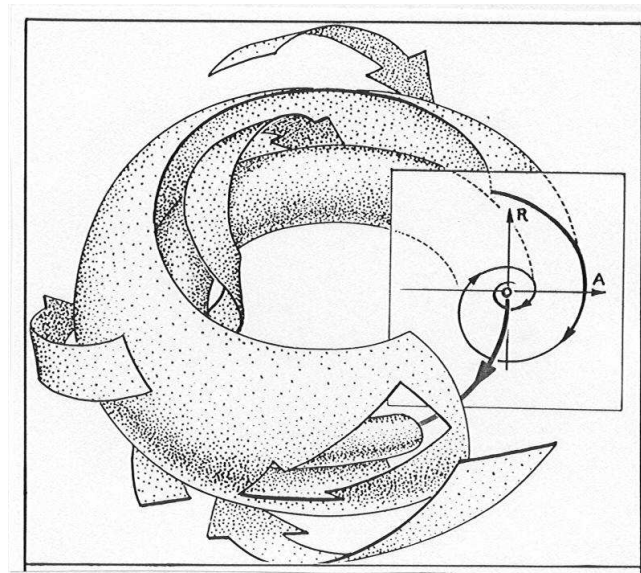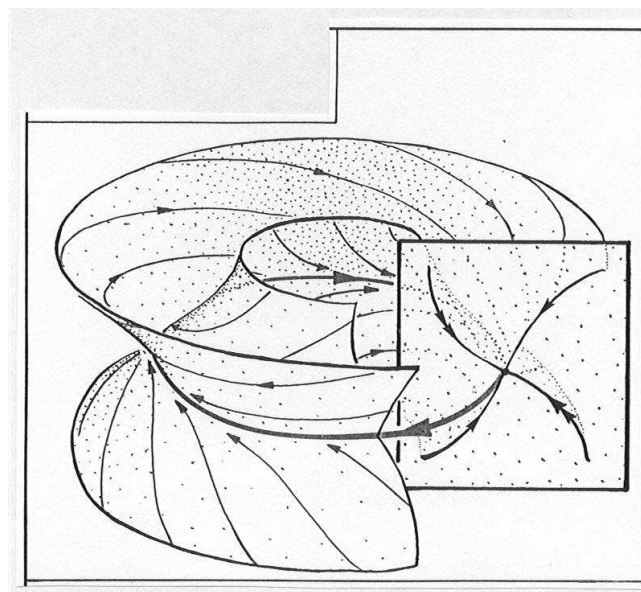
Spiral limit cycle:

Nodal limit cycle:

[Abraham and Shaw 1984]